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# Stochastic differential equations death rates models: the Portuguese case

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## Abstract

In recent years, the increasing life expectancy of the world's population, due to increased availability of prescribed medication, quality of health care services, quantity of health care institutions and quality of life, combined with a sharp decrease in birth rates over time, has proven to be a challenging problem for governments worldwide (particularly in developed countries). Both of these factors put at risk the sustainability of state-funded welfare programs (e.g., social security) and also lead to a decrease in available workforce and tax revenue (including social benefit contributions) in the near future. With the tendency for these problems to worsen in the next decades (severity varies between countries), it is of paramount importance to estimate the extension of human life in order to analyse the severity of this phenomenon. Stochastic differential equations have been used recently to model the evolution of death rates. In fact, such models have some advantages when compared to the deterministic ones since we can input random environmental fluctuations and evaluate the uncertainty in forecasts. The main goal of this paper is to apply and compare stochastic differential equations death rate models separately for each age and sex and forecast Portuguese death rates until the year 2030.

**Keywords:** Death rates, Geometric Brownian motion, Stochastic Gompertz model, Stochastic differential equations, Forecasting, Life insurance

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## 1 Introduction

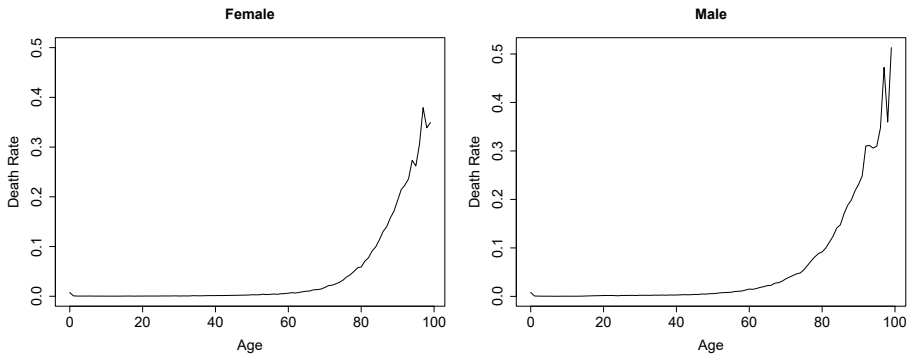
In Portugal, like in the majority of western countries, the age structure of the population has been changing, marked by an ageing population due to the combined effect of decreasing birth rates and increasing life expectancy throughout the years. According to some projections for the Portuguese resident population in the years of 2018 – 2080, the ageing population (individuals aged 65 years or more) will represent about 37% of the resident population in 2080, considering the expected scenario, see [Instituto Nacional de Estatística \(2020\)](#).

However, if it's certain that the mortality risk increases with the age of the individual, mortality rates have been plummeting worldwide. This fact has led to the study of factors, both intrinsic and extrinsic, that can explain this evolution. Various types of models, deterministic or more recently stochastic models, have been tested giving rise, namely, to comparative studies to assess which is the best model to apply in this context (see [Booth and Tickle \(2008\)](#), [Aro and Pennanen \(2011\)](#) and [Shryock and Siegel \(1976\)](#)). For all these reasons, and despite the fact that human mortality is a demographic variable that has been studied exhaustively, the main objective of this work is to apply models of stochastic differential equations (briefly, SDE) that, through cross-sectional analysis of the mortality data over time, allow us to estimate the future trend of the decreasing death rate phenomenon for all age groups and for each sex, and to compute step-by-step (SS) and long-term (LT) forecasts.

The data related to the Portuguese death rates and used throughout this paper was obtained from the [Human Mortality Database \(2022\)](#), which corresponds to the gross death rates and represents the division between the number of deaths (total for a country in a given time period for all causes of death) and an estimate of the resident population (corresponding to the population exposed to death risk in the same age interval). In this manuscript we will be using 200 time series, with an annual frequency, available for the years 1940 – 2020, for 100 annual age groups (ages 0 – 99) and for both sexes.

In Demography, it's common for data to be available by cohort (in a longitudinal perspective through time). A cohort represents a set of individuals born in the same year and who are followed throughout their lives. In this case, where a longitudinal approach is used over time, there is no distinction between age and calendar year. Therefore, it's very difficult to model all ages of the human life span as it's necessary to have a very high number of parameters (often more than eight for each cohort, because the mortality trajectory is very irregular).

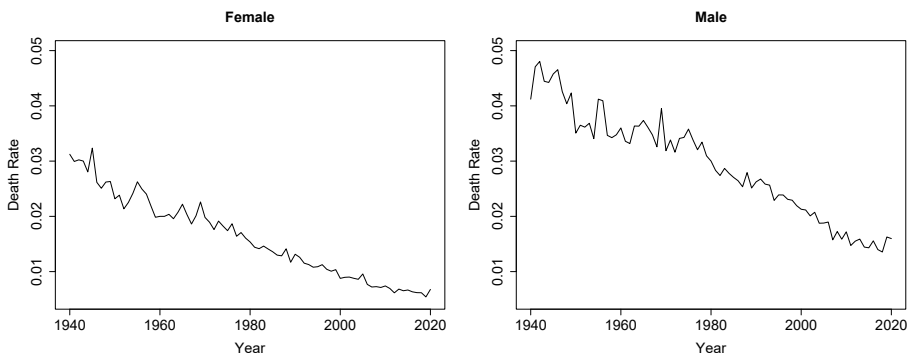
For the purpose of this approach, see the data representation in [Figure 1](#), where the evolution of mortality in the various phases of the life curve is described. In this case, the year 1994 was fixed, but the shape, usually described in the literature as a “J-shaped curve,” has not changed significantly over time despite the reduction in infant mortality and greater longevity in the last few decades.



**Fig. 1** Death rates of the Portuguese population (longitudinal representation)

Alternatively, the cross-sectional approach we follow makes sense, as we consider events that affect all ages. Among others, we highlight, on the positive side, changes in living conditions over time of a socio-economic nature, advances in medicine, increased quality of health care services and number of health care institutions. Also, climate change that generates extreme phenomena or other catastrophic situations can globally affect the Portuguese population, in this case, increasing mortality risk.

The phenomenon thus described has a strong decreasing trend in the period under analysis, as seen in Figure 2. At almost all ages, the death rates are higher in males than in females, although with a different evolution at each age. Furthermore, throughout this paper, we divided each time series related to the observed death rates of the Portuguese population<sup>1</sup> into two subsets: observed death rates between the years 1940 – 2009 for model adjustment and between the years 2010 – 2020 for forecast validation.



**Fig. 2** Death rates of individuals aged 66 along time (cross-sectional representation)

<sup>1</sup>which have 81 observations and are related to the observed death rates documented in each year of analysis, from 1940 to 2020

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139 This paper is organized as follows. In Section 2, we apply both the Geomet-  
 140 ric Brownian motion and the Stochastic Gompertz model to the Portuguese  
 141 mortality data, in order to compute adjustments and forecasts. Furthermore,  
 142 the statistical aspects of parameter estimation and validation for both models  
 143 are also analysed and model comparison is also performed in order to conclude  
 144 which model is the best to forecast Portuguese mortality rates. The main  
 145 conclusions from this research are stated in Section 3.

146

## 147 **2 Stochastic differential equations death rates** 148 **models**

149

### 150 **2.1 The Geometric Brownian motion**

152 The Geometric Brownian motion (GBM) is a stochastic process usually used  
 153 to model the price of stocks and other economic variables (as in, for instance,  
 154 [Black and Scholes \(1973\)](#) and [Garcin and Grasselli \(2022\)](#)). This is also the  
 155 solution to the stochastic differential equation commonly known as the Black-  
 156 Scholes model (also, in some literature, designated as the diffusion equation of  
 157 Black-Scholes), with  $\mu$  and  $\sigma$  representing, respectively, the mean growth rate  
 158 and the volatility. The stochastic differential equation representing the GBM  
 159 is

$$160 \quad dX(t) = \mu X(t)dt + \sigma X(t)dW(t), \quad \sigma > 0, \quad X(0) = x_0, \quad (1)$$

161 with  $W(t)$  representing a standard Wiener process at time  $t$ . In this case,  $X(t)$   
 162 represents the price of a given financial asset along time  $t$ , but this equation  
 163 has various applications, not limited to only modelling economic variables,  
 164 since it can also be used to model population growth, as seen in [Brites \(2010\)](#)  
 165 and [Braumann \(2019\)](#), as well as other variables in various areas of science.  
 166 The solution of Equation (1) is:

167

$$168 \quad X(t) = X(0) \exp \left\{ \left( \mu - \frac{\sigma^2}{2} \right) t + \sigma W(t) \right\}, \quad X(0) = x_0. \quad (2)$$

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171 Let's consider that the death rates of the Portuguese population follow a  
 172 GBM. In this regard, notice that, in fact, when observing the death rates of  
 173 the Portuguese population throughout time, they appear to have a decreasing  
 174 linear trend, as was previously seen in [Figure 2](#). Assume  $X(t) = X_k(t)$  is the  
 175 death rate of a given individual aged  $i$  with  $i = 0, \dots, 99$  and sex  $j$ , with  $j = 1$   
 176 if female and  $j = 2$  if male, at instant  $t$  and with  $k = i + 100(j - 1)$  to cover  
 177 all ages in the life curve for both sexes. To make reading easier, we use  $X(t)$   
 178 instead of  $X_k(t)$  throughout this section, applying the model to each age and  
 179 sex. Assume also that the initial condition  $X(0) = x_0$  is known. If we denote  
 180  $Y(t) = h(t, X(t)) = \ln \left( \frac{X(t)}{x_0} \right)$ , then  $h(t, x) = \ln \left( \frac{x}{x_0} \right)$  is a strictly increasing  
 181 class  $C^2$  function in  $x$ . Applying the Itô's formula we can obtain the SDE  
 182

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$$184 \quad dY(t) = Rdt + \sigma dW(t), \quad Y(0) = 0, \quad (3)$$

where  $R = \mu - \sigma^2/2$ . Because we are using  $X(t)$  instead of  $X_k(t)$ , the same reasoning can be applied to the model's parameters, which we could have denoted as  $R_k$  and  $\sigma_k$ , representing the average growth rate of  $Y_k(t)$  and the effect of random fluctuations on mortality dynamics, respectively.

The solution for Equation (3), for each age and gender in instant  $t$ , is given by

$$Y(t) = Rt + \sigma W(t), \quad (4)$$

which follows a normal distribution with mean  $Rt$  and variance  $\sigma^2 t$ , that is,

$$Y(t) \sim \mathcal{N}(Rt, \sigma^2 t), \quad (5)$$

where  $X(t)$  has a log-normal distribution with expected value  $E[X(t)] = x_0 \exp\{Rt\}$ . Therefore, we can write Equation (4) in its original form as

$$X(t) = X(0) \exp\{Rt + \sigma W(t)\}, \quad X(0) = x_0.$$

### 2.1.1 Estimation

From (5) we obtain the probability density function,  $f(t, y)$ , of  $Y(t)$  which is given by

$$f(t, y) = \frac{1}{\sqrt{2\pi Vt}} \exp\left\{-\frac{(y - Rt)^2}{2Vt}\right\}, \quad V = \sigma^2.$$

Let  $t_n = t_0 + n$ ,  $n = 0, 1, \dots, N$ , represent the years in which the death rates of the Portuguese population were observed, for each age and gender (in this case, all series have the same dimension). Considering  $Y(t_0) = 0$  and

$$Y(t_n) = Y(t_{n-1}) + Rt_{n-1}^n + \sigma(W(t_n) - W(t_{n-1})), \quad (6)$$

where  $t_{n-1}^n = t_n - t_{n-1}$ , the process  $Y(t_n)$  conditioned by  $Y(t_{n-1})$  has normal distribution with mean  $Y(t_{n-1}) + Rt_{n-1}^n$  and variance  $Vt_{n-1}^n$ , since  $Y(t_{n-1})$  is independent from  $W(t_n) - W(t_{n-1})$ . Thus, the transition probability density function of  $Y(t)$  from  $t_{n-1}$  to  $t_n$  is given by

$$f_{Y(t_n)|Y(t_{n-1})=y_{n-1}}(y_n) = \frac{1}{\sqrt{2\pi Vt_{n-1}^n}} \exp\left\{-\frac{(y_n - y_{n-1} - Rt_{n-1}^n)^2}{2Vt_{n-1}^n}\right\}. \quad (7)$$

Notice that  $R$  and  $V$  are, respectively, the mean and variance of the logarithm of the death rates returns,  $\ln\left(\frac{X(t_n)}{X(t_{n-1})}\right) = Y(t_n) - Y(t_{n-1})$ . The parameter vector denoted as  $p = (R, V)$  can be estimated by the maximum likelihood method. Since  $Y(t)$  is a Markov process, the log-likelihood function,  $L$ , given the observed values  $Y(t_1), \dots, Y(t_N)$ , can be written as

$$L(p|Y(t_1), \dots, Y(t_N)) = \sum_{n=1}^N \ln(f_{Y(t_n)|Y(t_{n-1})=y_{n-1}}(y_n))$$

$$\begin{aligned}
&= -\frac{N}{2} \ln(2\pi V) - \frac{1}{2} \sum_{n=1}^N \ln(t_{n-1}^n) \\
&\quad - \frac{1}{2V} \sum_{n=1}^N \frac{(y_n - y_{n-1} - R t_{n-1}^n)^2}{2V t_{n-1}^n}.
\end{aligned}$$

Furthermore, we can obtain the explicit expressions of the maximum likelihood estimators of  $p$  (see [Brites \(2010\)](#) and [Braumann \(2019\)](#)), by solving the system

$$\begin{cases} \frac{\partial L(y; p)}{\partial R} \Big|_{\hat{R}, \hat{V}} = 0 \\ \frac{\partial L(y; p)}{\partial V} \Big|_{\hat{R}, \hat{V}} = 0, \end{cases}$$

obtaining, for  $t_{n-1}^n$ ,

$$\hat{R} = \frac{Y(t_N)}{t_N},$$

and

$$\hat{V} = \frac{1}{N} \sum_{n=1}^N \frac{(y_n - y_{n-1} - \hat{R} t_{n-1}^n)^2}{t_{n-1}^n}.$$

Since, here, the death rates of the Portuguese population are annual rates, we can therefore assume that  $t_{n-1}^n = 1$ , which simplifies significantly the computations. This simplification is valid for all models applied to the data set and displayed in the following subsections.

To obtain the confidence intervals (*CI*) for  $R$  and  $V$ , we can take into account the asymptotic properties of the maximum likelihood estimators. According to [Casella and Berger \(2002\)](#), the Fisher information matrix for this case is

$$F = \begin{bmatrix} \frac{t_N}{V} & 0 \\ 0 & \frac{N}{2V^2} \end{bmatrix}.$$

On the other hand, the variance of each one of the parameters in  $\hat{p}$  are given by the diagonal values of the inverse of  $F$ . For each parameter in  $p$  we can then obtain an approximation of the confidence interval limits assuming a confidence level  $(1 - \alpha) \times 100\%$ , denoted by  $CI_{(1-\alpha) \times 100\%}$ , using  $\left( \hat{p} \pm z_{1-\frac{\alpha}{2}} \sqrt{\widehat{Var}[\hat{p}]} \right)$ , where  $\widehat{Var}[\hat{p}]$  represents the estimated variance of  $p$  with its parameters replaced by the maximum likelihood estimates. More specifically, the respective asymptotic *CI*, for  $R$  and  $V$ , are given by

$$CI_{(1-\alpha) \times 100\%}(R) = \left( \hat{R} \mp z_{1-\frac{\alpha}{2}} \sqrt{\frac{\hat{V}}{t_N}} \right),$$



and

$$CI_{(1-\alpha)\times 100\%}(V) = \left( \widehat{V} \mp z_{1-\frac{\alpha}{2}} \sqrt{\frac{2\widehat{V}^2}{N}} \right),$$

where  $z_q$  denotes the  $q$ -quantile of the standard normal distribution. In this case, we can also compute the exact confidence intervals,  $CI_{(1-\alpha)\times 100\%}^e$ , using the exact distributions, as shown in Brites (2010) and Braumann (2019), which are defined as

$$(\widehat{R} - R) \sqrt{\frac{N-1}{N} \frac{t_N}{\widehat{V}}} \sim t_{(N-1)}$$

and

$$\frac{N\widehat{V}}{V} \sim \chi_{(N-1)}^2,$$

where  $t_{(N-1)}$  and  $\chi_{(N-1)}^2$  represent the  $t$ -Student and Chi-squared distributions, respectively, in both cases with  $N-1$  degrees of freedom. Thus, the exact confidence intervals for both  $R$  and  $V$  are given by the following expressions

$$CI_{(1-\alpha)\times 100\%}^e(R) = \left( \widehat{R} \pm t_{1-\frac{\alpha}{2}; (N-1)} \sqrt{\frac{N}{N-1} \frac{\widehat{V}}{t_N}} \right)$$

and

$$CI_{(1-\alpha)\times 100\%}^e(V) = \left( \frac{N\widehat{V}}{\chi_{1-\frac{\alpha}{2}; N-1}^2}, \frac{N\widehat{V}}{\chi_{\frac{\alpha}{2}; N-1}^2} \right),$$

where  $t_{q; N-1}$  and  $\chi_{q; N-1}^2$  represent the  $q$ -quantile of the  $t$ -Student and Chi-squared distributions, respectively, in both cases with  $N-1$  degrees of freedom.

If we have observed values up to a given time  $t_N$ , with  $Y(t_N) = y_{t_N}$ , and want to obtain a forecast for a given time  $t > t_N$ , considering that  $Y(t)$  is a Markov process, we have

$$E[Y(t)|Y(t_1), \dots, Y(t_N)] = E[Y(t)|Y(t_N)],$$

and from Equation (6), we get

$$Y(t)|Y(t_N) \sim \mathcal{N}\left(Y(t_N) + R(t - t_N), V(t - t_N)\right).$$

Therefore, we can use for the long term (LT) forecasts in each age, for  $t > t_N$ ,

$$\widehat{Y}(t) = \widehat{E}[Y(t)|Y(t_N) = y_{t_N}] = y_{t_N} + \widehat{R}(t - t_N), \quad (8)$$

where  $\widehat{E}(\cdot)$  represents the approximation value of the mathematical expectation. Since we do not know the exact value of  $R$ , we replace it by its maximum likelihood estimate,  $\widehat{R}$ .

323 The step-by-step (SS) forecasts are estimated following the same reasoning  
 324 as to obtain (8). However, we update  $t$  and the last observed value, as well as  
 325 the parameter estimates, each time we progress one step in time (in the case  
 326 of our work, one year).

327 Finally, using the Monte Carlo simulation method, we obtain an approx-  
 328 imation distribution of the forecast error,  $\hat{Y}(t) - Y(t)$ , as well as the  
 329 forecasting confidence intervals. From (7), we get the mean and variance of  
 330  $Y(t_n)|Y(t_{n-1}) = y_{t_{n-1}}$ . We used, for each age and gender, the maximum likeli-  
 331 hood estimates for  $p$  and simulated a sufficiently large number of trajectories,  
 332 say  $r$  (in this case, we used  $r = 2000$ ), represented by a vector  $\mathbf{Y}(t)$ . This way,  
 333 we obtained up to a certain year  $t_N$  the maximum likelihood estimates, for  
 334 each one of the  $r$  replicas simulated, a new parameter vector  $\mathbf{p}$ , the forecasts  
 335  $\hat{\mathbf{Y}}(t)$  (for  $t > t_N$ ), the forecasting errors  $\hat{\mathbf{Y}}(t) - \mathbf{Y}(t)$ , as well as the empirical  
 336 mean and variance of these in the group of the  $r$  replicas, in order to estimate  
 337 the mean and variance of the forecasting error.

338 Let's denote  $M_t$  and  $V_t$  the respective empirical means and variances.  
 339 We can obtain an approximation  $CI$  for  $Y(t)$ , for a certain age and gender  
 340 considered, considering

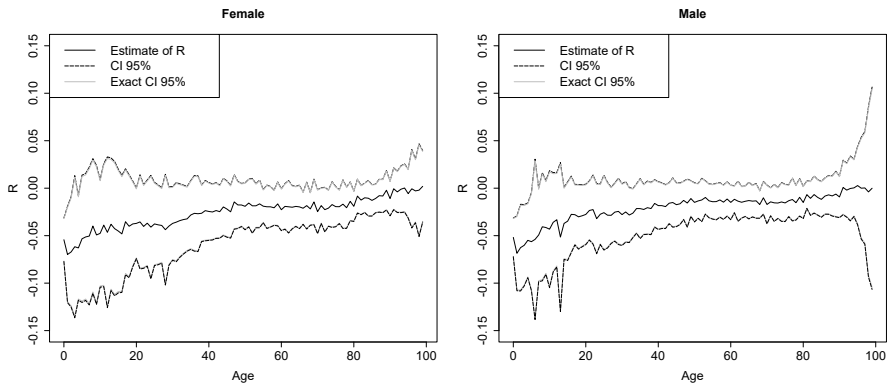
$$342 \quad CI_{(1-\alpha) \times 100\%}(Y(t)) = \left( M_t \pm z_{1-\frac{\alpha}{2}} \sqrt{V_t} \right).$$

### 344 2.1.2 Results

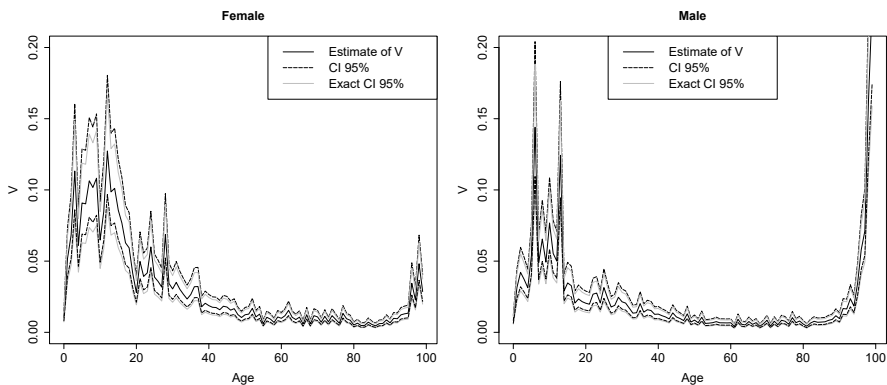
346 We adjusted the GBM to the observed death rates of the Portuguese popula-  
 347 tion, for each one of the ages selected from the life curve (ages 0 to 99) and for  
 348 each sex. We used the variable  $Y(t) = \ln\left(\frac{X(t)}{X(0)}\right)$  for this purpose, with  $X(t)$   
 349 representing the expected death rate at time  $t$  and  $X(0)$  representing the first  
 350 observed death rate of a given individual.

351 Figures 3 and 4 illustrate the estimated parameters of the model used,  
 352 respectively  $\hat{R}$  and  $\hat{V}$ , which represent a different estimated parameter for  
 353 each age and gender, as well as the asymptotic confidence intervals,  $CI$ , and  
 354 exact confidence intervals,  $CI^e$ , associated with each parameter. If we analyse  
 355 the behaviour of the estimated parameters, we conclude that parameter  $\hat{R}$  has  
 356 a small increasing tendency, which is quite noticeable during the first ages  
 357 analysed, increasing at a very slow pace after age 20. Furthermore, we also  
 358 conclude that, although the values of  $\hat{R}$  have a similar pattern (increasing  
 359 tendency in relation with age of the individual), the same cannot be said when  
 360 considering the estimated parameter  $\hat{V}$ , since it displays more fluctuations  
 361 between each age, which is most noticeable when analysing the ages between  
 362 18 and 30 and after age 95 (particularly in individuals of the male gender),  
 363 thus displaying a totally different pattern when compared to  $\hat{R}$ . As for the  
 364 asymptotic confidence intervals,  $CI$ , and exact confidence intervals,  $CI^e$ , for  
 365 each parameter  $R$  and  $V$ , we used a confidence level of 95% in order to compute  
 366 their values.

368



**Fig. 3** Estimates  $\hat{R}$ ,  $CI_{95\%}$  and  $CI_{95\%}^e$  for the GBM



**Fig. 4** Estimates  $\hat{V}$ ,  $CI_{95\%}$  and  $CI_{95\%}^e$  for the GBM

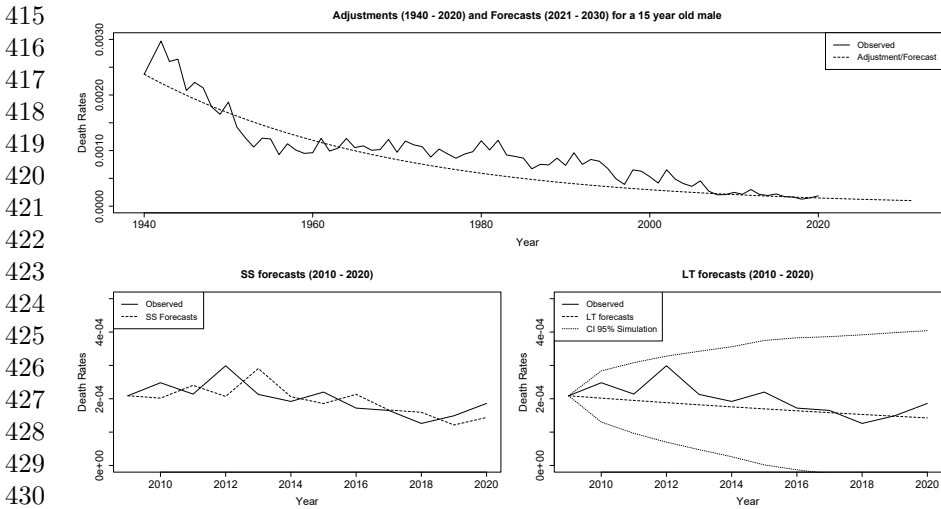
For both parameters, the asymptotic and exact confidence intervals have identical values (in Figures 3 and 4, the representation of both confidence intervals almost overlap each other in most ages and both sexes), therefore, there are no substantial benefits related with the use of exact confidence intervals.

The confidence interval range of  $R$  and  $V$  are, respectively, approximately proportional to  $\sqrt{V}$  and to  $V$ . This fact explains the higher range in the confidence intervals of  $R$  compared to the confidence intervals of  $V$ . Furthermore, with respect to  $R$ , it explains also the massive range in the confidence intervals when analysing male individuals aged 95 or more.

Results related with adjustments and forecasts of the death rates were reversed to its original scale,  $X(t)$ , instead of  $Y(t)$ . Figure 5 shows the adjustment (fixing  $\sigma = 0$  in Equation (4) and replacing its parameters with the maximum likelihood estimates) and forecasts for a 15 year old male.

We recall that we used for the adjustment the observed death rates obtained for the years 1940 – 2009, setting aside the remaining ones (2010 –

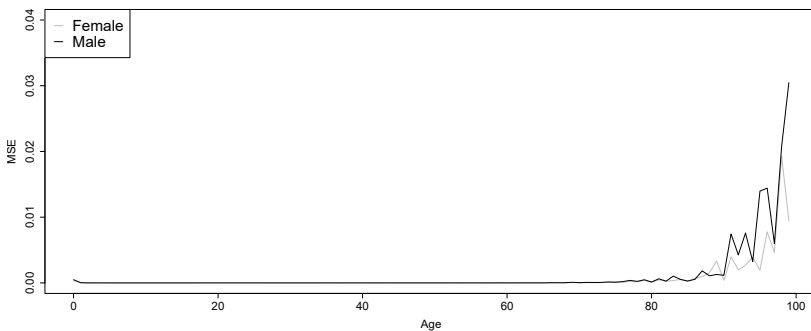
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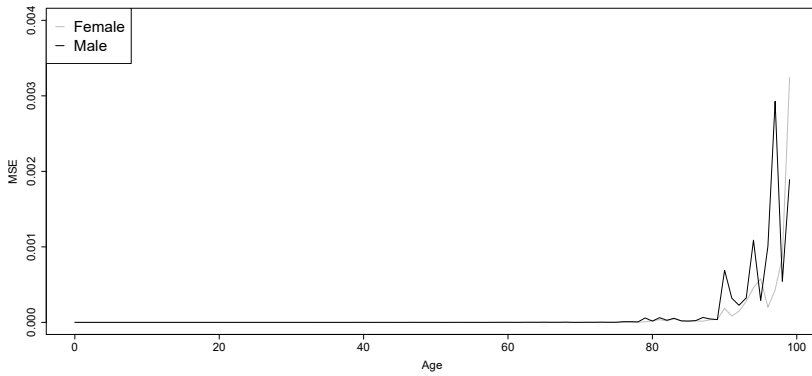
431 **Fig. 5** GBM adjustments and forecasts for a 15 year old male

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434 2020) for forecasting. Also, we have chosen to represent these values in Figure  
435 5 (top) related with adjusted and forecasted values, since they reflect additional  
436 information to the error estimate, which stems from the comparison  
437 of the tendency and forecasts of the GBM. Generally speaking, the results  
438 obtained from the application of the GBM are quite good, since the model fits  
439 well the observed death rates and provides reliable forecasts.

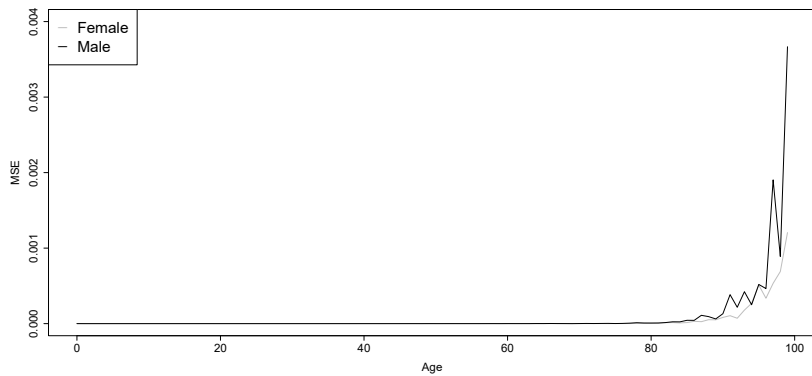
440 Furthermore, in order to measure the “goodness of fit” for the values, we  
441 used as a quantitative criterion the mean squared error (MSE). In an overall  
442 analysis of the results obtained, both adjusted and forecasted values are better  
443 fitted (according to the criterion mentioned above), in data series related with  
444 the female sex. In Figures 6, 7 and 8 we illustrate the respective MSE for each  
445 age and sex, also for each method used (LT and SS).



459 **Fig. 6** MSE of the adjusted death rates (1940 – 2020) obtained from the GBM



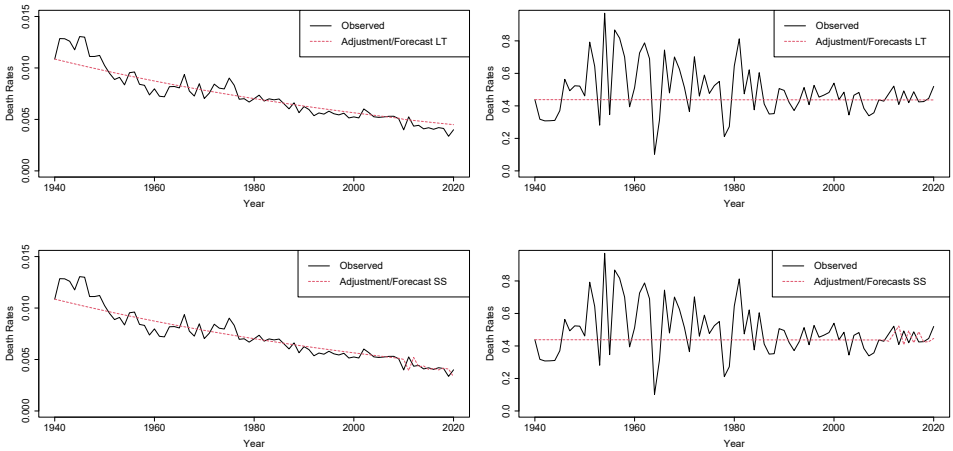
**Fig. 7** MSE of the LT forecasts (2010 – 2020) obtained from the GBM



**Fig. 8** MSE of the SS forecasts (2010 – 2020) obtained from the GBM

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507 The difference in the performance of the model between genders is more  
 508 noticeable<sup>2</sup> after the age of 40. Also, after the age of 90, in both sexes, yet  
 509 more significant in the male sex, the model is not capable of replicating the  
 510 variability of the death rate time series and of obtaining an adequate adjust-  
 511 ment, hence the sharp increase in the MSE values, as illustrated in Figure 6.  
 512 However, and despite the MSE of the forecasts being extremely high when  
 513 considering older ages (90+ years) in comparison to other ages (as seen in  
 514 Figures 7 and 8), the model can still provide some forecasts to be considered,  
 515 since they tend strongly towards the observed death rate series averages (see  
 516 Figure 9).



527 **Fig. 9** Adjustment of the GBM with LT (on top) and SS (on the bottom) forecasts (2010  
 528 – 2020) for the ages 49 (on the left) and 99 (on the right) of the male sex

## 538 2.2 The Stochastic Gompertz model

539 An example of a deterministic model that can translate the Gompertz law for  
 540 mortality can be denoted as

$$542 \quad dX(t) = bX(t) \ln\left(\frac{a}{X(t)}\right) dt, \quad (9)$$

543 where  $X(t)$  represents the death rate (varying throughout time) of a group of  
 544 individuals of a given age and gender,  $a$  the asymptotic death rate and  $b$  an  
 545 approach rate to the asymptotic regimen.

549 <sup>2</sup>which corresponds to a set of ages where, throughout time, the mortality pattern of the male  
 550 sex undergoes an inflexion relative to the prevailing overall downward trend

For calculation convenience, let's use  $Y(t) = \ln(X(t))$  and  $A = \ln(a)$ . Thus, we can obtain an equivalent equation from (9)

$$dY(t) = -b(A - Y(t))dt. \quad (10)$$

According to [Brites and Braumann \(2019a\)](#) and [Brites and Braumann \(2019b\)](#), in order to obtain the Stochastic Gompertz model (SGM), we add in (10) a noise source,  $\epsilon(t)$ , such that  $dW(t) = \epsilon(t)dt$ . The standard Wiener process,  $W(t)$  with parameter  $\sigma$ , reflects the accumulated effect of the “environmental” disruptions which are present in the mortality phenomenon up until a given time  $t$ , where the coefficient  $\sigma$  measures the intensity of the environmental variability arising from the random disruptions which affect the variable  $Y(t)$  around its dynamic tendency. This way, we obtain the autonomous stochastic differential equation

$$dY(t) = -b(A - Y(t))dt + \sigma\epsilon(t)dt = -b(A - Y(t))dt + \sigma dW(t), Y(t_0) = y_0 \quad (11)$$

with  $Y(t_0) = y_0$  denoting the known initial condition, and where  $a$  denotes the mean rate of asymptotic mortality,  $b$  denotes the velocity of approximation to asymptotic regimen and  $\sigma$  represents the intensity of the random environmental fluctuations.

Let's consider, as before, a simplification of notation  $X(t) = X_k(t)$  for the death rates of individuals of a given age  $i$  and sex  $j$ , with  $k = i + 100(j - 1)$ , on time instant  $t$ .

Note that several  $h$  transformations were experimented, according to the recommendations in the reference literature (see for example [Sokal and Rohlf \(1998\)](#)), in order to reduce the variance of the observed death rates series and to try to obtain series with a better linear or smooth curved pattern to facilitate modelling. In fact the logarithmic transformation is used more frequently in modelling the growth rates of several variables in the field of biology, proven to be the most favorable for this dataset.

The solution of (11) for each age and sex is

$$Y(t) = A + (y_{t_0} - A) \exp\{-b(t - t_0)\} + \sigma \exp\{-bt\} \int_{t_0}^t \exp\{bs\} dW(s).$$

For  $t_0 = 0$  we get

$$Y(t) = A + (y_0 - A) \exp\{-bt\} + \sigma \exp\{-bt\} \int_0^t \exp\{bs\} dW(s),$$

taking its expectation and variance we obtain

$$Y(t) \sim \mathcal{N}\left(A + (y_0 - A) \exp\{-bt\}, \sigma^2 \left(\frac{1 - \exp\{-2bt\}}{2b}\right)\right).$$

599 **2.2.1 Estimation**

600 Assume that  $t_0 = 0$  and let  $t_n = n$  ( $n = 0, 1, 2, \dots, N$ ) denote the years in  
 601 which the death rates of Portuguese population by age and sex were observed.  
 602 The transient probability density function of  $Y(t_n)$  given  $Y(t_{n-1})$  is  
 603

$$604 \quad f_{Y(t_n)|Y(t_{n-1})=y_{n-1}}(y_n) = \frac{1}{\sqrt{2\pi s^2}} \exp \left\{ -\frac{1}{2} \frac{(y_n - \mu)^2}{s^2} \right\},$$

607 where

$$608 \quad \mu = E[Y(t_n) | Y(t_{n-1})] = A + (Y(t_{n-1}) - A) \exp \{ -bt_{n-1}^n \},$$

611 and

$$612 \quad s^2 = Var[Y(t_n)|Y(t_{n-1})] = \sigma^2 \left( \frac{1 - \exp \{ -2bt_{n-1}^n \}}{2b} \right).$$

615 The parameter vector,  $\mathbf{p} = (A, b, \sigma)$ , can also be estimated. Hence,  
 616

$$617 \quad L(\mathbf{p}|Y(t_1), \dots, Y(t_N)) = \sum_{n=1}^N \ln (f_{Y(t_n)|Y(t_{n-1})=y_{n-1}}(y_n)) \\
 618 \quad = -\frac{N}{2} (\ln(2\pi) + \ln(s^2)) \quad (12) \\
 619 \quad -\frac{1}{2} \sum_{n=1}^N \frac{(Y(t_n) - \mu)^2}{s^2}.$$

625 To get  $\hat{p}$  one needs to compute

$$626 \quad \begin{cases} \frac{\partial L(\mathbf{y}; \mathbf{p})}{\partial A} \Big|_{\hat{A}, \hat{b}, \hat{\sigma}} = 0 \\ \frac{\partial L(\mathbf{y}; \mathbf{p})}{\partial b} \Big|_{\hat{A}, \hat{b}, \hat{\sigma}} = 0 \\ \frac{\partial L(\mathbf{y}; \mathbf{p})}{\partial \sigma} \Big|_{\hat{A}, \hat{b}, \hat{\sigma}} = 0, \end{cases}$$

632 and fixing  $\hat{b}$  (following the same reasoning as in [Brites \(2010\)](#)), we get  
 633

$$634 \quad \hat{A} = \sum_{n=1}^N \left( \frac{Y(t_n) - Y(t_{n-1}) \exp \{ -\hat{b}t_{n-1}^n \}}{1 + \exp \{ -\hat{b}t_{n-1}^n \}} \right) \sum_{n=1}^N \left( \frac{1 - \exp \{ -\hat{b}t_{n-1}^n \}}{1 + \exp \{ -\hat{b}t_{n-1}^n \}} \right)^{-1},$$

638 and

$$640 \quad \hat{\sigma} = \left( \frac{2\hat{b}}{N} \sum_{n=1}^N \left( \frac{\left( Y(t_n) - \hat{A} - (Y(t_{n-1}) - \hat{A}) \exp \{ -\hat{b}t_{n-1}^n \} \right)^2}{1 - \exp \{ -2\hat{b}t_{n-1}^n \}} \right) \right)^{1/2}.$$

644



Without loss of generality, assume that  $t_{n-1}^n = t_n - t_{n-1} = 1$ , since the observed death rates of the Portuguese population obtained from [Human Mortality Database \(2022\)](#), are analysed on an annual basis. From the equations shown above, defining  $\hat{A}$  as a function of  $\hat{b}$  such that  $\hat{A} = \zeta_1(\hat{b})$ , and defining  $\hat{\sigma}$  as a function of both  $\hat{A}$  and  $\hat{b}$  such that  $\hat{\sigma} = \zeta_2(\hat{A}, \hat{b})$ . Thus, we obtain a new function, denoted as  $L^*$ , with the same optimal values as the log likelihood function defined in (12), but depending solely on the parameter  $b$ , as

$$L^*(b|Y(t_1), \dots, Y(t_N)) = -\frac{N}{2} \ln \left( \frac{\zeta_2(\zeta_1(b), b)^2}{2b} \right) - \frac{1}{2} \sum_{n=1}^N \ln(1 - E^2) - \frac{b}{\zeta_2(\zeta_1(b), b)^2} \sum_{n=1}^N \left( \frac{(Y(t_n) - \zeta_1(b) - (Y(t_{n-1}) - \zeta_1(b))E)^2}{1 - E^2} \right),$$

where  $E = \exp\{-bt_{n-1}^n\}$ .

We get the maximum likelihood estimator of  $b$ , for each age and gender, obtained by minimizing the symmetric of  $L^*(\cdot)$  using the R built-in function *optimize*. This method, described in [Franco \(2003\)](#), and applied on [Brites \(2010\)](#), uses  $L^*$  instead of  $L$  to compute the maximum likelihood estimators of the parameter vector  $\mathbf{p}$ , and is particularly useful when it's difficult to find an explicit expression for the estimators, with the main advantage of being computationally efficient (without resorting to other complicated numerical methods). Once we obtain  $\hat{b}$ , the maximum likelihood estimators  $\hat{A}$  and  $\hat{\sigma}$  are obtained from  $\hat{A} = \zeta_1(\hat{b})$  and  $\hat{\sigma} = \zeta_2(\hat{A}, \hat{b})$ , respectively.

To obtain an approximation of the confidence intervals for the parameters, we assume that we are in an asymptotic situation, considering the maximum likelihood estimation properties. We also do an approximation of the Fisher information matrix by computing the symmetric of the inverse of the Hessian matrix from whose diagonal we obtain an approximation of the variances related with the estimated parameters. Considering a parameter vector  $\mathbf{p}$  and its maximum likelihood estimator  $\hat{\mathbf{p}}$ , an approximation of the confidence interval,  $CI_{(1-\alpha) \times 100\%}$ , can be obtained the same way as for the GBM case, by using

$$\left( \hat{\mathbf{p}} \pm z_{1-\frac{\alpha}{2}} \sqrt{\widehat{Var}[\hat{\mathbf{p}}]} \right),$$

where  $\widehat{Var}[\hat{\mathbf{p}}]$  represents an estimate of the parameter variance obtained from the inverse of the Hessian matrix using the method described above. If we have observations up until a given time  $t_N$  and seek forecasts until a certain time  $t$ , with  $t > t_N$ , we have that, since we have a Markov Process

$$E[Y(t)|Y(t_1), \dots, Y(t_N)] = E[Y(t)|Y(t_N)].$$

691 Since

$$692 \quad Y(t)|Y(t_N) \sim \mathcal{N}\left(A + (Y(t_N) - A)\exp\{-bt_N^*\}, \sigma^2 \left(\frac{1 - \exp\{-2bt_N^*\}}{2b}\right)\right),$$

695 where  $t_N^* = t - t_N$ , we can use for the LT forecasts, considering each age and  
696 sex,

$$697 \quad \widehat{Y}(t) = \widehat{E}[Y(t)|Y(t_N) = y_{t_N}] = \widehat{A} + (y_{t_N} - \widehat{A})\exp\{-\widehat{b}t_N^*\}, \quad (13)$$

699 where  $\widehat{E}(\cdot)$  is the approximated value of the mathematical expectation,  
700 replacing the exact values of  $A$  and  $b$  by its maximum likelihood estimates,  
701 respectively  $\widehat{A}$  and  $\widehat{b}$ .

702 The SS forecasts are estimated in the same way as in (13) however, we  
703 update  $t$ , the last observed value, as well as the parameter estimates, each  
704 time we progress one step in time (in this case one year).  
705

## 706 2.2.2 Results

707 Like in Section 2.1.2 related to the GBM, we could adjust the SGM to the  
708 observed death rates of the Portuguese population, for each age selected from  
709 the life curve (0 – 99 years) and for each sex. For this purpose, we used, in  
710 this specific case, the variable  $Y(t) = \ln(X(t))$ .

711 Figure 10 illustrates the values of the SGM parameters,  $a$ ,  $b$  and  $\sigma$ , for  
712 each age and sex. Recall that we estimated the value  $A = \ln(a)$ , but we choose  
713 to display the parameter in its original scale,  $a$ , which represents the average  
714 asymptotic death rate (geometric mean). In the same figure, we illustrate the  
715 values of the SGM parameters with the last 10 ages excluded. The plots related  
716 with these are easily identified, since the age axis only takes values between 0  
717 and 90 while in the first case it takes values between 0 and 100, in order to  
718 show in more detail the behaviour of each estimated parameter when analysing  
719 adult ages and make it possible to better understand the shape described in  
720 each graph (mainly with regard to parameter  $b$ ).

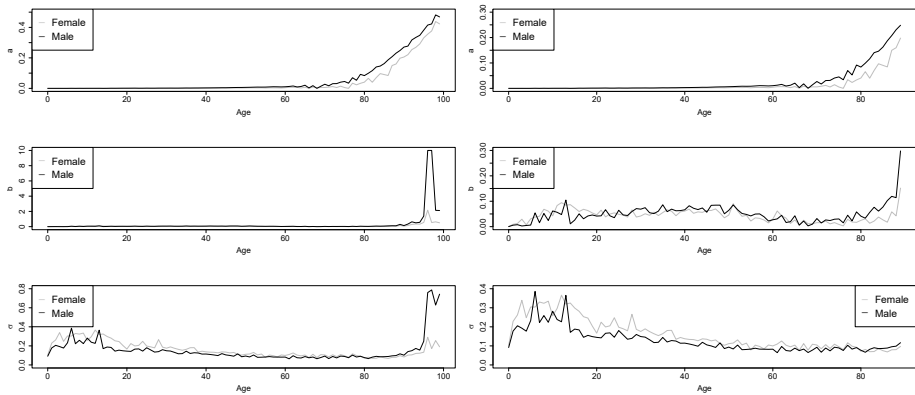
721 In fact, the results obtained regarding the model's estimated parameters  
722 are not surprising, considering the knowledge obtained from past research  
723 projects and articles about the phenomenon under study. Hence,  $a$  increases  
724 in relation with the age of the individual, presenting much higher values when  
725 analysing the last ages from the life curve for which the probability of death  
726 is higher.  
727

728 Parameter  $b$  displays an upward trend when analysing the first ages of the  
729 life curve followed by a sharp decrease at age 15, representing several increases  
730 and decreases between the years of 16 – 80 and remaining at a level fluctuating,  
731 on an average basis, around the value of 0.05 for both sexes. After age 80, the  
732 estimated values of  $b$  increase up to twenty and six times its average values  
733 for the male and female sexes, respectively.

734 As for  $\sigma$ , parameter that is associated with the stochastic integral term  
735 of the model and measures the intensity of random fluctuations of the envi-  
736 ronment upon observed death rates, we can say the following: The estimated

values present an upward trend in the younger ages analysed (concerning children and young people); After age 18, there is a slow decrease in these values, stabilising only between the ages of 60 and 80, after which the pattern described by the parameter shows a new increasing tendency, which translates the susceptibility of the last ages analysed from the life curve, in which any random event may cause death.

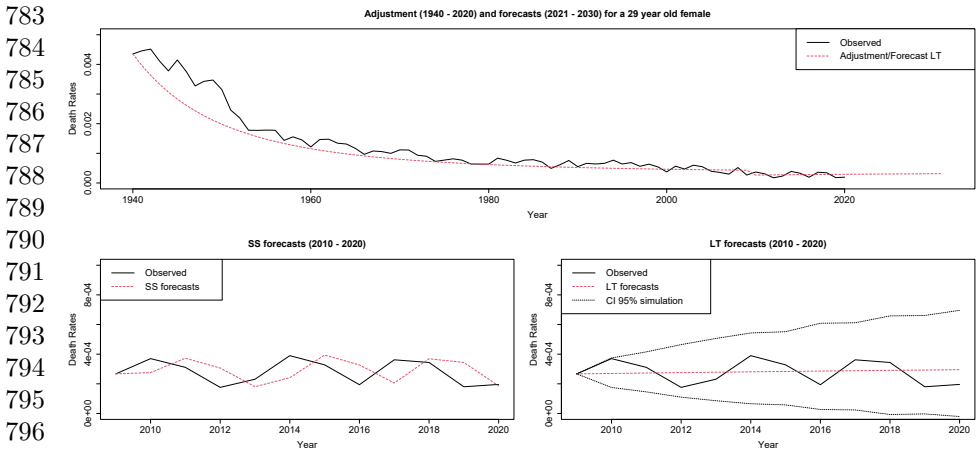
Figure 10 also suggests a greater variability of parameter estimates between consecutive ages for  $b$  and  $\sigma$  compared to  $a$ . When we observe the pattern of these estimates as a function of age, although it's similar in both sexes, in  $a$  and  $b$ , the estimated values are higher in males when compared to females, while the opposite occurs in parameter  $\sigma$ .



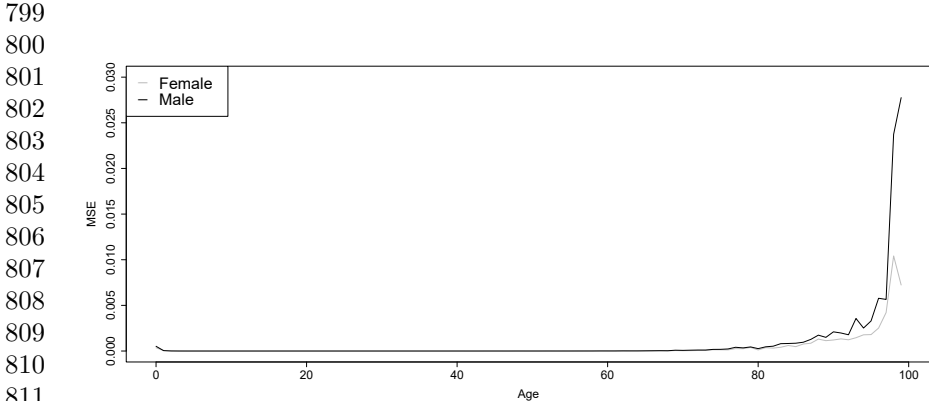
**Fig. 10** SGM parameter estimates ( $a$ ,  $b$  and  $\sigma$ ) for each age and sex

In Figure 11 we illustrate the estimates of the adjustment (by fixing  $\sigma = 0$  and replacing the model parameters by its maximum likelihood estimates) and forecasts for a 29 year old female.

In general, the results of the application of the SGM are quite good. Indeed, both the adjustment itself and the forecasts are generally better in the female sex (like in the GBM). This difference between sexes is higher after the age of 80 (as seen in Figures 12, 13 and 14). Therefore, like in the previous subsection regarding the GBM, the SGM also seems adequate to model this type of data, considering the promising results obtained so far.



798 **Fig. 11** SGM adjustments and forecasts for a 29 year old female



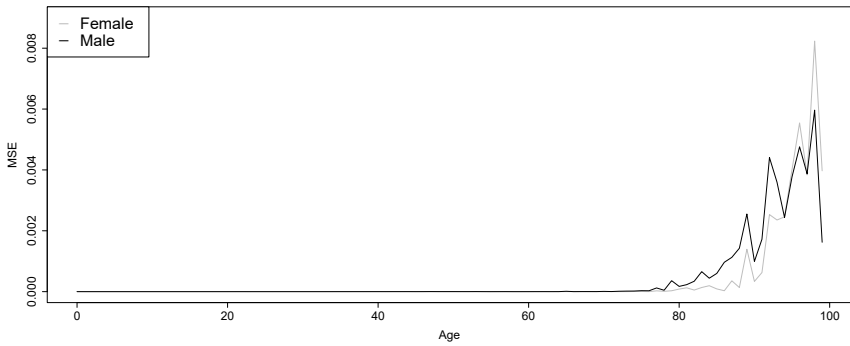
812 **Fig. 12** MSE of the adjusted death rates obtained from the SGM

### 814 2.3 Comparing the results from both models

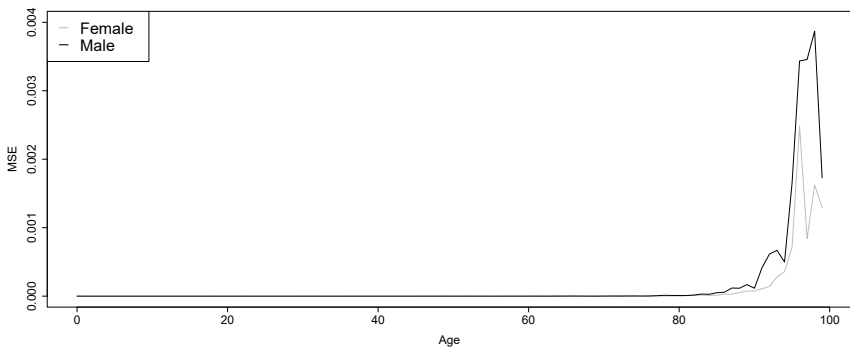
815  
816 In this subsection, we compare the results of the two stochastic differential  
817 equations models applied in the previous subsections, the GBM and the SGM.

818 We consider that both models present realistic forecasts with values in the  
819 same order of magnitude and with close MSE, which do not allow us to state,  
820 in a preliminary analysis, that one model is generally better than the other.  
821 Figure 15 illustrates the application of the two stochastic differential equations  
822 models for age 23 and for both sexes (results are presented at the original data  
823 scale).

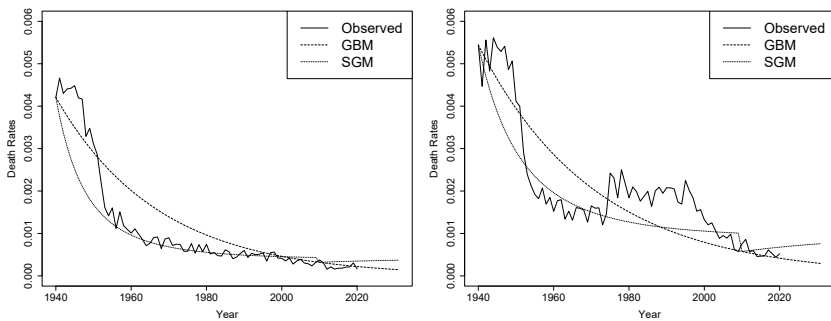
824 We selected this age (23 years), because it's the typical example of the  
825 behaviour of the estimated values, both in terms of adjustment and of fore-  
826 casting trend, which distinguishes the GBM from the SGM. Thus, for most  
827 ages, and for both sexes, the adjustment can be represented by an image sim-  
828 ilar to that of the left side of Figure 15, since the observed death rates present



**Fig. 13** MSE of the LT forecasts (2010 – 2020) obtained from the SGM



**Fig. 14** MSE of the SS forecasts (2010 – 2020) obtained from the SGM



**Fig. 15** Comparison between the GBM and SGM adjustments with LT forecasts for the age 23 of the female sex (on the left side) and for the male sex (on the right side).

a near constant downward trend. This is the opposite to what happens in the

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875 male case. Note that the curve estimated by the GBM only follows the vari-  
 876 ability of the series at the beginning and at the end of the adjustment period,  
 877 whereas the SGM, although not following the observed death rates curve in  
 878 the first years, it captures the variability of the series earlier than the GBM.  
 879 On the right side of Figure 15, the exception to this behaviours is noticeable.  
 880 Sensitively between the ages of 17 and 37 a “hump” effect occurs in the male  
 881 sex which reflects an increase in mortality in this age group and which causes  
 882 the main difference in the pattern of mortality between sexes.

883 In terms of forecasts, for most ages the GBM underestimates with a  
 884 decreasing trend while the SGM overestimates with an increasing trend (as  
 885 can be seen in Figure 15).

886 Although the performance of neither model stands out explicitly from one  
 887 another, if we analyse for both models the difference between their respective  
 888 MSEs, for each age and by sex, the GBM presents advantages over the SGM.  
 889 In fact, both for the adjustment (exception for some ages, mostly between 25  
 890 and 49 years old and also after 85 years old, in the male sex) and SS or LT  
 891 forecasts, there is a tendency that the error associated to the GBM is lower  
 892 than the one associated to the SGM.

893 Figures 16 to 21 depict the differences, for all ages and for each sex, between  
 894 the MSE associated with the GBM and the SGM, i.e,  $MSE_{GBM} - MSE_{SGM}$ ,  
 895 for the adjustments, SS forecasts and LT forecasts. Note that due to the order  
 896 of magnitude of the error estimates, which are often very close and small for  
 897 several ages, the differences are multiplied by 10000.

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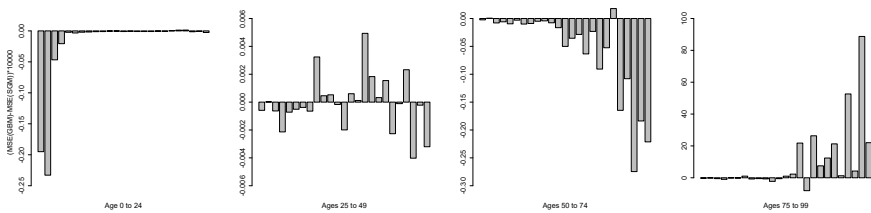
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**Fig. 16** Difference ( $\times 10000$ ) between the MSEs associated with the death rates adjustment of the GBM and SGM, for each age of the female sex.

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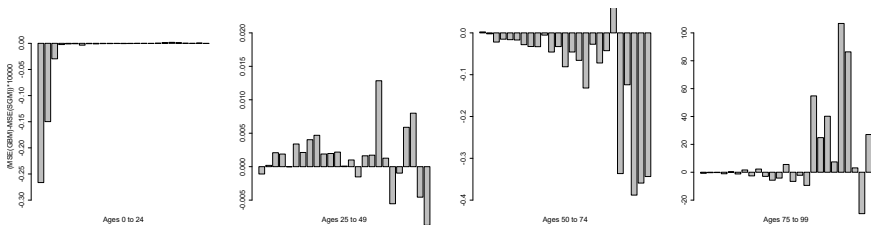
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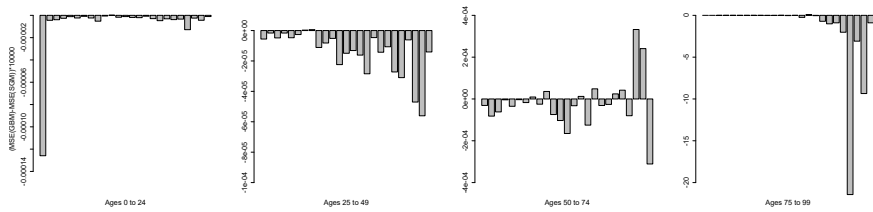
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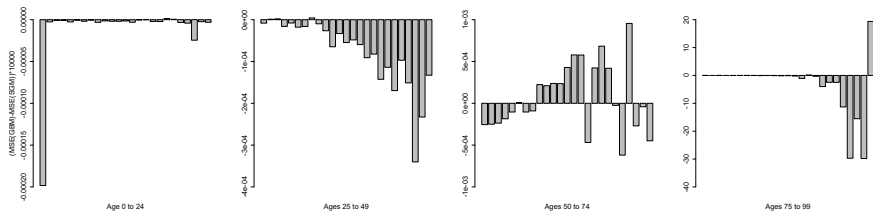
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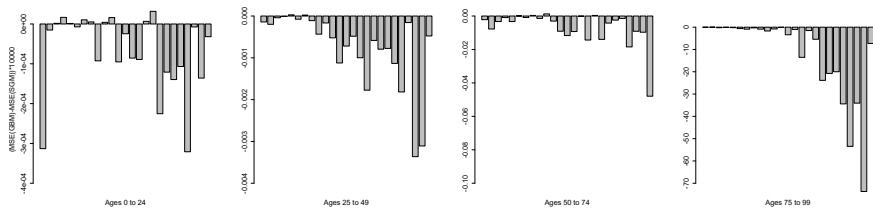
**Fig. 17** Difference ( $\times 10000$ ) between the MSEs associated with the death rates adjustment of the GBM and SGM, for each age of the male sex.



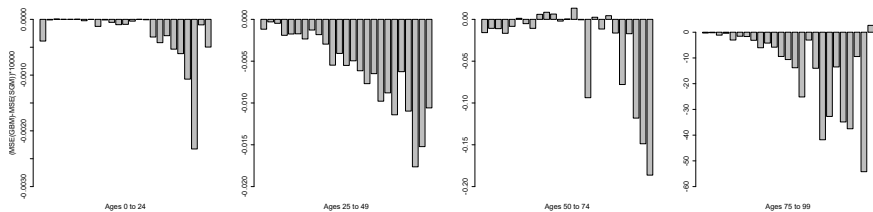
**Fig. 18** Difference ( $\times 10000$ ) between the MSEs associated with the SS forecasts (from 2010 to 2020) of the GBM and SGM, for each age of the female sex.



**Fig. 19** Difference ( $\times 10000$ ) between the MSEs associated with the SS forecasts (from 2010 to 2020) of the GBM and SGM, for each age of the male sex.



**Fig. 20** Difference ( $\times 10000$ ) between the MSEs associated with the LT forecasts (from 2010 to 2020) of the GBM and SGM, for each age of the female sex.



**Fig. 21** Difference ( $\times 10000$ ) between the MSEs associated with the LT forecasts (from 2010 to 2020) of the GBM and SGM, for each age of the male sex.

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### 967 **3 Conclusions**

968 We can conclude that the use of stochastic differential equations death rate  
 969 models (the GBM and SGM) replicates almost exactly the decreasing death  
 970 rate phenomenon observed so far for the Portuguese population. Furthermore,  
 971 both models present realistic forecasts with values in the same order of magni-  
 972 tude and with relatively small MSE, which did not allowing us to state which  
 973 model was generally better.

974 However, in Section 2.3, where the models were compared to one another,  
 975 we could state that the GBM outperforms the SGM in most of the age groups  
 976 for both sexes, considering the difference in the MSE between the models in  
 977 both SS and LT forecasts. Even when only considering the adjustment, the  
 978 GBM in most age groups outperforms the SGM, only in individuals aged 80  
 979 or more years for both sexes, the SGM outperforms the GBM.

980 Without surprise, the SS forecasts present a smaller forecasting error when  
 981 compared to the LT forecasts. This is of course logical since in the case of SS  
 982 forecasts we update  $t$  and the last observed value, as well as the parameter  
 983 estimates, each time we progress one step further in time. We mean, the fore-  
 984 casts will be more accurate, given the added information available and used  
 985 than those of the LT forecasts.

986 In summary, our initial goal was to explain the evolutionary trend of  
 987 mortality in the Portuguese population and we verify that the results of the  
 988 application of this methodology are quite good. However, we accept that there  
 989 may be one or more variables, we dont know, that are likely to affect the prob-  
 990 ability of death in a group of individuals (of the same or different ages and  
 991 of the same or different sexes) in a certain period of time. We believe that  
 992 improvement of this type of model involves extracting more information from  
 993 the data of the populations under study, making parameter estimation more  
 994 flexible and thus improving its overall performance.

### 996 **Acknowledgments**

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 998 - UIDB/05069/2020 and ii) EXPL/EGE-IND/0351/2021, both financed by  
 1000 FCT/MCTES through national funds. Alfredo D. Egídio dos Reis was par-  
 1001 tially supported by project CEMAPRE/REM - UIDB/05069/2020 financed  
 1002 by FCT/MCTES through national funds.

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