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Hospital Admission Rates in São Paulo, Brazil - Lee-Carter model vs. neural networks

Rodolfo Monfilier Peres¹ Onofre Alves Simões²,³

Abstract

In Brazil, hospital admissions account for nearly 50% of the total cost of health insurance claims, while representing only 1% of total medical procedures. Therefore, modeling hospital admissions is useful for insurers to evaluate costs in order to maintain their solvency. This article analyzes the use of the Lee-Carter model to predict hospital admissions in the state of São Paulo, Brazil, and contrasts it with the Long Short Term Memory (LSTM) neural network. The results showed that the two approaches have similar performance. This was not a disappointing result, on the contrary: from now on, future work can further test whether LSTM models are able to give a better result than Lee-Carter, for example by working with longer data sequences or by adapting the models.

Keywords: Hospital Admissions; Lee-Carter; Neural Networks; LSTM; Brazil

1. Introduction

The Lee-Carter model (Lee & Carter, 1992) remains a foundation model for mortality forecasting in several developed countries, such as Denmark, Sweden, Canada, and Italy (Rabbi & Mazzuco, 2020; Steeghs, 2020; Kjærgaard & Bergeron-Boucher, 2022). While its primary application has been in mortality forecasting and there are few uses outside this area (Frees, 2006), some extensions have emerged, including its use in health insurance (Lee & Miller, 2002) and in predicting hospital admission rates (Rodrigues et al., 2013). In recent years, there has been a significant shift toward leveraging neural networks for mortality modeling, with several studies showcasing their efficacy (Nigri et al., 2019; Nigri et al., 2021; Hainaut, 2018; Deprez et al., 2017; Richman & Wüthrich, 2018; Perla et al., 2021). Notably, the integration of neural networks with the Lee-Carter model represents a novel avenue within the actuarial field, with initial explorations emerging in 2018 (Hainaut, 2018). Given the profound impact of adverse events on health insurers' liabilities and financial sustainability, further research in this area is imperative, particularly in developing more accurate models for forecasting hospital admissions.

In Brazil, hospital admissions represent almost 50% of the total claim cost of health insurance companies while representing only 1% of the total medical procedures (Cechin & Lara, 2020). Given that, modeling hospital admissions is extremely useful for health insurers to assess their claim costs over time. Adverse events can seriously strain their liabilities, and actuaries should be well prepared to assess that to keep the financial sustainability of the companies, given their pivotal social and economic role. The main purpose of our paper is to add a contribution to the set of possible applications of neural network techniques in the actuarial science field, by dealing with this problem. For that,

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we model hospital admissions rates in São Paulo, Brazil, following up the seminal work by Rodrigues et al. (2013). The idea is to revisit the problem of modelling the admission rates, in light of the recent studies that combine the Lee-Carter model (Lee & Carter, 1992) with neural networks, and to contrast the two approaches, in order to determine if the neural networks can provide improvements over what has been done before.

In 1992 (Lee & Carter, 1992) proposed a new model for estimating mortality rates. It became widely spread and the leading statistical model for mortality forecasting (Wilmoth, 1996, Deaton & Paxson, 2004, Hollmann et al., 2000, Tuljapurkar et al., 2000). Lee and Carter seek to summarize an age-period surface of log-mortality rates in terms of an average age profile of mortality, mortality changes over time, and how much each age group changes when mortality changes. However, its popularity and simplicity did not prevent the model from being criticized, mostly because it assumes that all information about future mortality is contained in the past observed data, not including important covariates such as tobacco use, alcohol consumption or comorbidity (Girosi $\&$ King, 2008). Moreover, exogenous shocks such as new medical technologies, economic crises, pandemics, etc. are ignored (Gutterman & Vanderhoof, 1998).

In recent years, most healthcare systems are going through reforms, attempting to control the raising costs. Generally, most reforms focus on strengthening primary care, adopting mechanisms for supply-induced demand, new forms of care (i.e. home care and long-term care), and promoting changes to achieve a better lifestyle. In light of these reforms, several studies have focused on forecasting health care expenditures and utilization, assuming that costs remain constant and are only affected by the size and age structure of the population, i.e., the pure demographic effect (Tate et al., 2005; Lindberg & McCarthy, 2021). The main caveat is that they can only be used in short-period analyses since changes in utilization patterns are not incorporated. Other (non-traditional) methods have tried to forecast healthcare expenditure based on time series analyses (Tate et al., 2005), or on the use of panel data including other covariates such as income and education (Xu et al., 2011; European Commission, 2013).

Research contributions that combine the use of the Lee-Carter model and neural networks in the demographic field of study have been growing recently. Deprez et al. (2017) used machine learning algorithms to assess the goodness of fit of standard mortality models. They analyze how a standard mortality model could be improved based on feature components of an individual, such as age. This work was further extended by (Levantesi & Pizzorusso, 2019), who used machine learning algorithms to calibrate a parameter that was applied to mortality rates fitted by standard mortality models.

Although both papers applied machine learning techniques in the field of mortality modeling, none of them have specifically used neural networks. The use of neural networks to predict mortality rates started with (Hainaut, 2018), by proposing a neural network that detects the non-linearities in the structure of the log-forces of mortality. In the same year, Richman & Wüthrich (2018) proposed a Lee-Carter approach for multiple populations, where the parameters were estimated by neural networks. Nigri et al. (2019) use the Long Short-Term Memory (LSTM) neural network to improve the accuracy of predictions of the general level of mortality given by the Lee-Carter model. Nigri et al. (2021) consider an LSTM model to predict mortality and lifespan in five developed countries. Comparing the results with standard models, they conclude that their predictions provide a more accurate portrait. In another recent study, Perla et al. (2021) tested several neural networks to simultaneously predict mortality in different countries, showing that great accuracy can be achieved in a large-scale prediction.

2. Methodology and Data

2.1 Methodology

The Lee-Carter model (Lee & Carter, 1992), developed for mortality forecasting is

$$
\log(u_{x,t}) = a_x + b_x k_t + e_{x,t} \tag{1}
$$

where $u_{x,t}$ is the death rate for age x in year t, a_x is the average log of mortality at age x, b_x is the rate of change of the log mortality with time at age x , k_t is the general level of mortality for calendar year t, and $e_{x,t}$ is the residual term at age x and time t. It is a twofold model. Firstly, parameters a_x , b_x and k_t need to be estimated. Secondly, the fitted k_t values are modeled as an ARIMA(p , q , d) process.

Since we use (1) to model hospital admission rates, the variables assume a new interpretation: $u_{x,t}$ is now the hospitalization rate for age x in year t, a_x is the average log of hospitalization at age x, b_x is the rate of change of the log hospitalization with time at age x, k_t is the general level of hospitalization for calendar year t and $e_{x,t}$ is the residual term at age x and time t. We will obtain the parameters a_x and b_x and we will estimate the k_t trend by an $ARIMA(p, d, q)$ model, divided by gender. We follow Nigri et al. (2019) and estimate the $ARIMA(p, d, q)$ by using the *auto.arima* function from the R package forecast (Hyndman & Khandakar, 2008; Hyndman et al., 2022). This package applies the Hyndman-Khandakar algorithm (Hyndman & Khandakar, 2008) to automatically select the best $ARIMA(p, d, q)$ model for a given time series. Because the k_t series presents monthly seasonality, a SARIMA model was used for the prediction. The series was split in two, one for training the model with the first 131 data points and another one for testing the model with the final 12 months of data. To complete the experiment, the following 12 months of k_t were predicted.

Neural networks are mathematical models based on the biological neural network structures of the brain (Minsky & Seymour, 2017; McCulloch & Pitts, 1943; Wiener, 1948). The general neural network model is formed by an input layer, one or several hidden layers, and an output layer and each of them is composed of several neurons (Nigri et al., 2019). In the recurrent neural networks (RNN) structure, the information moves cyclically in the network using additional synapses. They are a special case of neural networks where the objective is to predict future steps in a sequence of observations (Namini & Namin, 2018). The LSTM models are RNNs whose architecture is built in such a way that it allows for considering the relationships between the data of the sequence, even if it is long. Hence, LSTMs acquire both long and short-term memory (Hochreiter & Schmidhuber, 1997; Gers, et al., 2000; Nigri et al., 2019). In our work the model was implemented in R, using the packages *Keras* (Chollet, 2015) and *TensorFlow* (Abadi, 2015). A major aspect is that the neural network demands great data preparation before the model can be fit (Brownlee, 2018).

To choose the model structure, the first task is to determine the number of neurons and layers. Neural network architecture typically relies on human knowledge and trial and error (Dong et al., 2021; Hu et al. (2021). Neural architecture search (NAS) has been proposed to automatically search the best architecture for neural networks, but currently algorithms suffer from computational cost (Jin et al., 2019). In the end, we decided to have a simple neural network model that could be easily contrasted with the ARIMA model, see Figure 1.

Figure 1. LSTM architecture used in this work

The input layer has 12 neurons because each neuron represents one data point of the input sequence. Regarding the hidden layer, problems that require two or more hidden layers are not commonly seen (Heaton, 2005), since training can be too difficult, due to the increase in the number of parameters, overall complexity and time required to execute the model (Uzair & Jamil, 2020). Considering the complexities that adding hidden layers imposes and since in this work we are dealing with only one predictor, we chose to have only one hidden layer. The output layer is composed of a single neuron that outputs a sequence of 12 predictions. Even though the used architecture seems to be simple, it has 685 adjustable parameters. The learning rate is a parameter that should be empirically chosen and is one of the most important parameters to adjust in a neural network architecture (Bengio, 2012). A default value of 0.01 typically works for default neural networks but other values should be tested as well (Bengio, 2012). Values tested are usually small e.g., a learning rate within the set $\{0.1, 0.01, 10^{-3}, 10^{-4}, 10^{-5}\}$ (Goodfellow et al., 2016, p. 436). Despite of only choosing a fixed value for the learning rate, Wang et al. (2019) have shown that using a learning rate decay can provide benefits for training neural networks. In this approach, the learning rate starts with a given value that decays by a factor during the iterations. In the end, we tested four learning rates and five decay values, per gender, to find the two combinations that minimize the cost function. 4.2 Data

Hospitalization data from the State of São Paulo was gathered from Serviço de Informações Hospitalares do Sistema Único de Saúde (Hospital Information System of the Unified Health System - SIH/SUS) and the data from the population resident in the State of São Paulo was gathered from Pesquisa Nacional por Amostragem de Domicílios do Instituto Brasileiro de Geografia e Estatística (National Sample Household Survey of the Brazilian Institute of Geography and Statistics - PNAD/IBGE), both from Jan/2008 until Nov/2019. The hospitalization data encompasses all private and public hospital admissions. These two sources of data supplied full data used in our study.

The hospitalization data is monthly available while the data from the population resident in the state of São Paulo is only available at the end of the year. This annual data was transformed into monthly data, assuming that each observed annual increase/decrease in the resident population occurred uniformly during the year (United Nations, 1952). The choice of gathering data from 2008 onwards was made because this is the first year when the dates of hospital admissions started to be registered. Also, Nov/2019 was chosen as the final month because of COVID-19 pandemic in Brazil. The first COVID infection was reported in Feb/2020 by Brazilian authorities but we can see great distortions in data from Dez/19 onwards.

The data provided by SIH/SUS is available in 18 age groups: < 1 year old, 1-4 years old, …, 75-79 years old, 80+ years old. The data provided by PNAD/IBGE is in 15 age groups: 0-4 years old, …, 70+ years old. To overcome this mismatch, the data from SIH/SUS was adjusted to the same standard of the PNAD/IBGE data. The data from SIH/SUS was put in the same standard as the data of PNAD/IBGE by summing the SIH/SUS data into the PNAD/IBGE age group standard.

Figures 2 and 3 show boxplots for each age group of the hospital admission dataset, from 2008 until 2019. The number of hospital admissions is similar for both genders, except between age groups 10-14 to 40-44 years old. By further analyzing the data, we see that this is driven by pregnancy, childbirth and puerperium, accounting for an overall of 60.8% of hospital admissions within these age groups for females.

Figure 2. Hospital admissions of females by age group Source: Authors, based on SIH/SUS data

Figure 3. Hospital admissions of males by age groups Source: Authors, based on SIH/SUS data

Figure 4 shows the female hospitalizations from Jan/2008 to Nov/2019 by age group. We see how the number of hospitalizations is distributed, with the age group 70+ being the highest in absolute number of hospitalizations. Similarly, Figure 5 shows the number of hospitalizations for males, also by age group. We can see that the age groups 0-4 years and 70+ years are the ones with the highest number of hospitalizations. In the other age groups, differently to what happens to females, the numbers of hospital admissions, by age group, are more similar.

Figure 5. Male hospital admissions from Jan/2008 until Nov/2019 Source: Authors, based on SIH/SUS data

25-29
30-34

 $40 - 44$ 50-54 $45-49$ 55-59

 $10 - 14$

60-64

65-69
70+

Figures 6 and 7 show the residents data, by age groups, for each gender. As shown in the charts, the distribution is similar for both sexes. Table 1 shows that there are generally more women than men, especially in the older age groups. This is due to the fact that women have a higher life expectancy than men.

Figure 6. Female population by age groups Source: Authors, based on PNAD/IBGE data

Figure 7. Male population by age groups Source: Authors, based on PNAD/IBGE data

Population distribution by gender										
Age Groups	Females	Males	Age Groups	Females	Males					
$0-4$ years	49.0%	51.0%	$40-44$ years	52.3%	47.7%					
5-9 years	49.2%	50.8%	45-49 years	53.0%	47.0%					
$10-14$ years	48.8%	51.2%	$50-54$ years	53.3%	46.7%					
$15-19$ years	49.3%	50.7%	$55-59$ years	53.4%	46.6%					
$20-24$ years	49.9%	50.1%	$60-64$ years	54.1%	45.9%					
$25-29$ years	51.2%	48.8%	$65-69$ years	55.3%	44.7%					
$30-34$ years	51.7%	48.3%	$70+$ years	59.2%	40.8%					
$35-39$ years	48.0% 52.0%		Total	51.6%	48.4%					
	\sim	$\lambda = 1$ 1	M I A N / I N C F 1							

Table 1 Population distribution by gender

Source: Authors, based on PNAD/IBGE data

3. Results and discussion

3.1 Results

In this work, we tested four learning rates and five decay values, for a total of 20 model combinations, per gender, to find the combination that minimizes the cost function. All models have the same structure, only the learning rate and the decay factor are varied. Table 2 shows the 20 alternatives.

Table 2

In the fitting step of the neural network, the model is iterated several times to adjust its parameters, in order to reduce the cost function. A training epoch refers to the number of passes of the entire training dataset through the neural network algorithm (Hastie et al., 2017, p. 397). The number of epochs can be determined using a graphic approach, by plotting the cost function in relation to the number of epochs. Figure 8 shows the Mean

7

Squared Error (MSE) cost function in relation to the number of epochs. We see that the error starts to rebound around the $25th$ epoch and that between the $20th$ and $25th$ epoch it did not considerably decrease. Given that, the number of 20 epochs was chosen to be used in this work.

Figure 8. Cost function in relation to the number of epochs

Since the parameters of a neural network are randomly assigned, the backpropagation algorithm takes random weights and biases in order to minimize the cost function; each time the model is run it outputs a different result. Because of this stochastic behavior, to evaluate the model's performance it is necessary to ran it a sufficient number of times and calculate the average of the error metrics (Brownlee, 2017). A minimum number of 30 times is recommended by Brownlee (2017), limited only by computational resources and time expend running the model.

Given that a total of 20 model combinations have been explored, by varying the learning rate and a decay rate, it is worth to note that 30 random seeds were generated. This means that each round of each model was initialized with the same weights and biases so that any difference in performance can only be attributed to differences in the learning rate and decay. The LSTM models with the smallest average errors would be selected.

The process was developed for both genders, obtaining k_t for males and females from 2008 to 2019. Figure 9 hows k_t for both genders.

 \sim

The fitted a_x and b_x for each age group and gender are in Appendix (Table A1). In the prediction step, the next 12 months of k_t were predicted. The *auto.arima* package chose the same $ARIMA(p, d, q)$ for both genders. This is not a surprise since both genders have

similar trends, as shown in Figure 9. The mean and standard deviation of the training dataset calculated for standardizing purpose are in Table 3.

		rabie 5							
Mean and standard deviation of females and males from training dataset									
	Statistic	Female k_{t}	Male k_{t}						
	Mean	0.09714466	0.1279912						
	Standard Deviation	0.91980280	0.9871962						

Table 3 Mean and standard deviation of females and males from training dataset

The analysis of the results for the 20 alternatives leads to the conclusion that the LSTM models with the smallest average errors among the 20 models considered are Model 3 and Model 20, cf. Tables A2-A6 in the Appendix.

To evaluate the forecast performance of standard ARIMA versus LSTM Model 3 and LSTM Model 20, the Root Mean Squared Error (RMSE) and the Mean Absolute Error (MAE) error metrics were calculated. Table 4 summarizes the results.

Comparing forecast performance between ARIMA and LSTM								
Model		Female	Male					
	RMSE	MAE	RMSE	MAE				
$k_{\rm t}$ ARIMA	0.4714	0.3452	0.4550	0.3655				
k_t LSTM - Model 3	0.4974	0.4050	0.5635	0.4760				
k_t LSTM - Model 20	0.4633	0.3582	0.5993	0.5059				

Table 4

The error in Model 3, for males, is higher than the error from the ARIMA model. For the females, in Model 20, only the RMSE is lower than the RMSE of the ARIMA model. Overall, both RMSE and MAE shown no great differences for females.

With these error metrics calculated, we have also performed the prediction of the next 12 months of k_t , for both genders, predicting how the k_t would behave in the absence of the Covid-19 pandemic. The results are shown in Figures 10 and 11. We can see that the ARIMA and the LSTM models have similar patterns, which is not a surprise since the errors shown in Table 4 are similar.

3.2 Discussion

The main purpose of this work is to add a contribution to the set of applications of machine learning techniques in the actuarial science field, that has important socio economic responsibilities. The novelty is the application to model hospital admission rates using the LSTM neural network and to contrast its results with the results with the Lee-Carter model (Lee & Carter 1992), as done in Rodrigues et al. (2013). To the best of our knowledge, no analogous study has been done before.

With publicly available datasets about hospital admissions and population from the State of São Paulo, Brazil, a simple neural network architecture was implemented, and 20 LSTM models were built to search for the best combination of learning rates and decay factors, for each gender. Each of these 20 models was ran 30 times to average its RMSE and MAE results. This was performed in a personal computer, and it took around three hours, per each gender, to run. On the other hand, the *auto.arima* function took only a few seconds to find the best set of ARIMA parameters. The results for females provided by the neural network and by the ARIMA model were similar. For males, the ARIMA model performed better than the LSTM, showing lower RMSE and MAE. The results obtained are in line with Rodrigues et al. (2013), although not directly comparable. In their work they used annual data from the State of Minas Gerais, Brazil, while we used monthly data from the State of São Paulo, Brazil. The choice of using monthly data is to have more data points that can improve the estimates, while the choice of the State of São Paulo is because it is the largest state in Brazil, accounting for 22% of the Brazilian population (over 44 million), more than double the population of the State of Minas Gerais, which accounts for 10% of the population in the country (over 20 million) (IBGE, 2021).

In practical terms, by modeling hospital admission rates, actuaries can better assess the technical provisions of health insurance companies. In Brazil, there are the so-called verticalized health companies, which are health insurers that own hospitals and clinics in an attempt to control costs and frequency of use. For this type of company, modeling hospital admissions is even more important, as it not only allows them to more accurately determine their technical reserves, but also to better plan their human and medical resources, thereby improving their service to society.

Even though a small data sample was used in this work, the performances of the LSTM and ARIMA models were similar. It is well known that neural networks models demand huge amounts of data to be fitted but this similar performance suggests that future works with longer data sequences might cause LSTM modls to be better than the ARIMA approach.

4. Conclusion

The main objective of adding a contribution to the set of machine learning applications in actuarial science has been fully achieved. Further, our research has shown that, for the given problem and available data, the LSTM and ARIMA models perform similar in predicting the hospital admissions, which was not a disappointing outcome, on the contrary. From now, future works could rely on two approaches to test if the LSTM model can give a better outcome than the ARIMA: (i) work with longer data sequences. Comparing the ARIMA and LSTM on a daily sequence of data instead of a monthly one could show a significant difference in model performance; (ii) fine tune the LSTM model. Considering approach (ii), future work could explore the automatic search of parameters to adjust the neural network, but researchers and practitioners should be aware that it can be computational costly. The work of (Jin et al., 2019) proposed the package *AutoKeras* for this search, implemented in Python, which they claim to be efficient when compared to existing auto-search algorithms. The use of regularization techniques in neural networks should also be explored, see (Hastie et al., 2017; Chollet, 2018). This gives a possibility to improve results and to study how the use of different regularization techniques impacts on the performance of neural networks.

Despite the much greater time required to prepare the data and to effectively run the neural network model, any action that can help to ensure the solvency of insurance companies in a line of business with such a social impact as health insurance is worthwhile and highly valuable.

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Appendix

	Fitted a_x and b_x for females and males, by age group										
Age		Females		Males							
Group	a_x	b_x	a_x	b_x							
$0 - 4$	-5.065297	0.10449056	-4.845265	0.08736755							
$5-9$	-6.391685	0.07711722	-6.002098	0.06256431							
$10 - 14$	-6.613553	0.07728216	-6.405589	0.05413556							
$15 - 19$	-5.176530	0.06819218	-6.368512	0.04540376							
$20 - 24$	-4.826560	0.02003936	-6.106506	0.03171212							
$25 - 29$	-4.974457	0.02094504	-6.049290	0.04420463							
$30 - 34$	-5.197766	0.02922902	-5.972261	0.06880108							
35-39	-5.416896	0.04026236	-5.862534	0.07340256							
$40 - 44$	-5.656251	0.06463627	-5.762601	0.08326992							
45-49	-5.690644	0.07470302	-5.599314	0.06810099							
50-54	-5.621203	0.08955646	5.397862	0.07876780							
55-59	-5.479867	0.08348134	-5.181277	0.06963178							
60-64	-5.301539	0.08582828	-4.965034	0.08479263							
65-69	-5.091800	0.07347616	-4.740753	0.06855017							
$70+$	-4.668532	0.09076058	-4.391226	0.07929514							

Table A1

Table A2 Model summary - Females and Males

Model: "sequential"		
Layer (type)	Output Shape	Param #
LSTM (LSTM)	(1, 12, 12)	672
Output (TimeDistributed)	(1, 12, 1)	13
Total params: 685		
Trainable params: 685		
Non-trainable params: 0		

	Female LSTM - RMSE metrics								
Model $\vert \mathbf{v} \vert$	Learning Rate \blacktriangledown decay \blacktriangledown						avg_rmse \le sd_rmse \le min_rmse \le q25_rmse \le median_rmse \le q75_rmse \le		max _rmse $=$
Model 1	0,001	$\mathbf 0$	0,4978	0,0107	0,4763	0,489675	0,49785	0,506725	0,519
Model 2		0,001 1,00E-07	0,498	0,0109	0,4762	0,48985	0,4977	0,50845	0,5184
Model 3		0,001 1,00E-05	0,4974	0,0105	0,4769	0,4903	0,4974	0,506775	0,5165
Model 4	0,001	0,001	0,4912	0,0079	0,4789	0,4859	0,4898	0,497125	0,5141
Model 5	0.001	0,1	0,7828	0,0661	0,6774	0,732475	0,76195	0,845375	0,8936
Model 6	0,002	0	0,504	0,0141	0,476	0,495475	0,50475	0,511175	0,5406
Model 7		0,002 1,00E-07	0,504	0,0147	0,4764	0,495025	0,5035	0,511525	0,5406
Model 8		0,002 1,00E-05	0,5049	0,0126	0,482	0,496625	0,5045	0,511275	0,5348
Model 9	0,002	0,001	0,499	0,0114	0,4759	0,491975	0,49765	0,50725	0,5208
Model 10	0,002	0,1	0,7241	0,0515	0,6355	0,68995	0,7158	0,770375	0,8149
Model 11	0,01	$\mathbf{0}$	0,4938	0,0326	0,4286	0,469725	0,4881	0,5106	0,5883
Model 12		0,01 1,00E-07	0,4889	0,0303	0,4443	0,468775	0,48315	0,50165	0,5615
Model 13		0,01 1,00E-05	0,4931	0,0306	0,4296	0,478625	0,4861	0,5148	0,5459
Model 14	0,01	0,001	0,5032	0,0313	0,4365	0,48515	0,50505	0,5178	0,5938
Model 15	0,01	0,1	0,4881	0,0238	0,4534	0,466725	0,49025	0,50035	0,5343
Model 16	0,02	0	0,5062	0,033	0,4468	0,4806	0,5091	0,523025	0,5698
Model 17		0,02 1,00E-07	0,5014	0,0291	0,4549	0,4772	0,49835	0,520075	0,5841
Model 18		0,02 1,00E-05	0,5058	0,0252	0,455	0,488175	0,50685	0,51765	0,5525
Model 19	0,02	0,001	0,4805	0,0268	0,4381	0,4651	0,4836	0,49875	0,5461
Model 20	0.02	0.1	0.4633	0.0076	0.4483	0.459825	0.46365	0.4666	0.4778

Table A3 Female LSTM - RMSE metrics

Model $\vert \mathbf{v} \vert$	Learning Rate \blacktriangledown decay \blacktriangledown		avg_mae	\blacktriangledown sd mae $\overline{}$	min_mae $\overline{\mathbf{v}}$		q25 mae $\sqrt{ }$ median mae $\sqrt{ }$	q75 mae $\overline{}$	l v max mae
Model 1	0,001	0	0,4049	0,0165	0,379	0,387175	0,40655	0,41555	0,4355
Model 2		0.001 1.00E-07	0,4054	0,0163	0,3785	0,39345	0,40575	0,416225	0,4354
Model 3		0,001 1,00E-05	0,405	0,0156	0,3803	0,39005	0,407	0,4157	0,4348
Model 4	0,001	0,001	0,3967	0,0118	0,3735	0,38685	0,39675	0,40565	0,4229
Model 5	0,001	0,1	0,5407	0,0596	0,4425	0,492925	0,52625	0,593	0,6406
Model 6	0,002	0	0,4097	0,0151	0,3797	0,400525	0,4079	0,42205	0,4437
Model 7		0,002 1,00E-07	0,4093	0,0174	0,3652	0,397675	0,4109	0,420075	0,4437
Model 8		0,002 1,00E-05	0,4111	0,0141	0,3802	0,401325	0,4123	0,42065	0,4378
Model 9	0,002	0,001	0,401	0,0141	0,3765	0,39175	0,39845	0,413975	0,4239
Model 10	0,002	0,1	0,4942	0,0423	0,4165	0,4672	0,48575	0,52735	0,5705
Model 11	0,01	$\mathbf{0}$	0,3824	0,0361	0,3046	0,3596	0,37575	0,40485	0,4594
Model 12		0,01 1,00E-07	0,3828	0,0382	0,3339	0,3549	0,3745	0,404425	0,4829
Model 13		0,01 1,00E-05	0,3836	0,0318	0,3394	0,365225	0,3741	0,401525	0,4775
Model 14	0,01	0,001	0,3967	0,0299	0,3346	0,374575	0,3931	0.409525	0,4696
Model 15	0.01	0,1	0,3627	0,0285	0,3139	0,342	0,3648	0,3766	0,4262
Model 16	0,02	0	0,3937	0,0359	0,3114	0,370075	0,39035	0,41935	0,459
Model 17		0.02 1.00E-07	0,3915	0,0333	0,3269	0,36835	0,39445	0,412275	0,4718
Model 18		0,02 1,00E-05	0,3968	0,033	0,3304	0,3762	0,39895	0,4135	0,4733
Model 19	0,02	0,001	0,3813	0,0351	0,3046	0,3698	0,3828	0,409475	0,4643
Model 20	0,02	0,1	0,3582	0,0102	0,3351	0,350725	0,3576	0,365175	0,3785.

Table A4 Female LSTM - MAE metrics

Table A5 Male LSTM - RMSE metrics

Model	Learning Rate	decay	avg_rmse	sd_rmse	min_rmse	q25_rmse	median_rmse	q75 rmse	max_rmse
Model 1	0,001	$\mathbf{0}$	0,5643	0,0162	0,5285	0,54935	0,5682	0,577725	0,5873
Model 2	0,001	1,00E-07	0,5641	0,0155	0,5357	0,5493	0,56655	0,57765	0,5867
Model 3	0,001	1,00E-05	0,5635	0,0165	0,5305	0,549325	0,56285	0,577975	0,5908
Model 4	0,001	0,001	0,5878	0,024	0,5376	0,571475	0,58625	0,609325	0,6273
Model 5	0,001	0,1	0,7715	0,068	0,6747	0,717675	0,74615	0,826325	0,9021
Model 6	0,002	0	0,5876	0,026	0,5416	0,570275	0,58885	0,599975	0,6482
Model 7	0,002	1,00E-07	0,5895	0,0265	0,5433	0,5698	0,58685	0,60265	0,6483
Model 8	0,002	1,00E-05	0,5926	0,0324	0,5387	0,568475	0,58875	0,610125	0,6713
Model 9	0,002	0,001	0,5719	0,0187	0,5398	0,5607	0,573	0,580925	0,6123
Model 10	0,002	0,1	0,7311	0,0268	0,6868	0,70915	0,7346	0,74895	0,7969
Model 11	0,01	$\mathbf 0$	0,5897	0,0368	0,532	0,5673	0,5816	0,603	0,6823
Model 12	0,01	1,00E-07	0,5899	0,042	0,517	0,565425	0,58575	0,60205	0,6987
Model 13	0,01	1,00E-05	0,5877	0,043	0,4873	0,5575	0,58365	0,623475	0,6689
Model 14	0,01	0,001	0,6075	0,0302	0,5542	0,58465	0,6065	0,627275	0,6945
Model 15	0,01	0,1	0,7165	0,0339	0,6301	0,6879	0,7207	0,743525	0,7759
Model 16	0,02	0	0,5987	0,0774	0,4884	0,550875	0,59505	0,626975	0,8794
Model 17	0,02	1,00E-07	0,616	0,081	0,4951	0,5749	0,60305	0,632825	0,9174
Model 18	0,02	1,00E-05	0,6056	0,0566	0,4518	0,57455	0,6051	0,63895	0,7048
Model 19	0,02	0,001	0,6125	0,0502	0,5284	0,579825	0,60875	0,641975	0,7262
Model 20	0,02	0,1	0,5993	0.0182	0,5702	0,58855	0,599	0.60615	0,6576

Model	Learning Rate	decay	avg_mae	sd_mae	min_mae	q25_mae	median_mae	q75_mae	max mae
Model 1	0,001	$\mathbf{0}$	0,4768	0,0194	0,4399	0,4604	0,4818	0,492625	0,5051
Model 2	0,001	1,00E-07	0,4769	0,0183	0,4399	0,46375	0,48095	0,489975	0,505
Model 3	0,001	1,00E-05	0,476	0,0191	0,4449	0,4606	0,4789	0,4913	0,5112
Model 4	0,001	0,001	0,4976	0,0275	0,4396	0,479825	0,4917	0,520975	0,5406
Model 5	0,001	0,1	0,5836	0,0461	0,5049	0,5521	0,5748	0,6186	0,6716
Model 6	0,002	0	0,5014	0,0256	0,4504	0,485425	0,50105	0,517725	0,5574
Model 7	0,002	1,00E-07	0,5028	0,0247	0,4593	0,483275	0,50045	0,520425	0,5576
Model 8	0,002	1,00E-05	0,5062	0,0312	0,4485	0,481825	0,50905	0,5276	0,5674
Model 9	0,002	0,001	0,4849	0,0222	0,4428	0,46945	0,4866	0,497275	0,5322
Model 10	0,002	0,1	0,5904	0,0327	0,5296	0,570925	0,5905	0,61305	0,6616
Model 11	0,01	$\mathbf{0}$	0,4971	0,0403	0,4258	0,47655	0,4917	0,512	0,591
Model 12	0,01	1,00E-07	0,502	0,0396	0,4209	0,477675	0,50455	0,522875	0,5932
Model 13	0,01	1,00E-05	0,4963	0,0534	0,3824	0,465875	0,4992	0,5468	0,5794
Model 14	0,01	0,001	0,5158	0,0318	0,4656	0,4936	0,51355	0,537675	0,598
Model 15	0,01	0,1	0,6172	0,0357	0,54	0,58625	0,6182	0,6479	0,6775
Model 16	0,02	0	0,5044	0,0744	0,382	0,463425	0,4994	0,539575	0,791
Model 17	0,02	1,00E-07	0,5197	0,0817	0,3966	0,4806	0,51295	0,546075	0,8468
Model 18	0,02	1,00E-05	0,5106	0,0565	0,3752	0,4745	0,51595	0,550625	0,6077
Model 19	0,02	0,001	0,5236	0,0514	0,4215	0,488925	0,5193	0,5606	0,6513
Model 20	0,02	0,1	0,5059	0,0241	0,462	0,49285	0,5056	0,51935	0,579

Table A6 Male LSTM - MAE metrics